

STUDY OF PROFILE OF ANIMAL BITE VICTIMS ATTENDING ANTI-RABIES CLINIC AT JODHPUR

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ABSTRACT

Background: Worldwide, more than 55,000 people die of rabies every year. 40% of people who are bitten by suspect rabid animals are children under 15 years of age. Dogs are the source of 99% of human rabies deaths. Rabies cases are not rare in Jodhpur. Jodhpur is situated in the North-Western part of Rajasthan. Jodhpur has an overall population of about 3.685 Million (Census-2011) and a literacy Rate of 67 %.

Aims & Objective: The present study was undertaken to determine the age and sex wise distribution of animal bite cases and to find out the distribution of victims on the basis of type of animal exposure and site of bite wounds.

Material and Methods: The present study was conducted from 1st January 2010 to 31st December 2010. The animal bite patients attending the Anti-Rabies Clinic, M. G. Hospital, Jodhpur. The present study is a Hospital based study, carried out by interview and examination of the animal bite victims. The present study was carried out by interview and examination of the animal bite patients (Interview of attendants if the bite victim is a very young children) attending the ARC, M.G. Hospital, Jodhpur.

Results: The study shows that maximum number of animal bite cases 1901 (44.75%) were in the adult males. In case of both the male and female children (less than 15 years age group) maximum number of animal bites 600 (42.46%) and 180 (41.66%) were on the trunk, whereas in case of adult males and adult females the most common site of the bite was lower limbs. Category III bite (exposure) was more common in 3088 (72.69%) cases. The most common biting animal is dog in 4062 (95.62%) cases. Maximum number 831 (19.56%) of animal bite cases have occurred in the 6 to 10 years age group children.

Conclusion: The study shows that adult males have higher incidence of animal bite than the adult females. This is due to the more outdoor activity of the males. The most common biting animal is dog and the most common site of bite is lower limbs in adults. The study also shows that Category III bites (exposure) were more common.

KEY-WORDS: Animal Bites; Rabies; Category II; Category III

Introduction

Rabies is a highly fatal disease of CNS caused by the rabies virus and is transmitted predominantly by the saliva of infected domestic or wild animal.^[1-5] Rabies remains an important public health issue worldwide due to the prevalence of endemic animal rabies in developing countries. Globally the annual incidence of rabies is about 50000 cases; out of this more than 40000^[4] cases are reported in India. In India, rabies is known since Vedic periods as corroborated in Atharva Veda. The Latin word "Rabies" seems to have originated from the Sanskrit word "Rabhas" which means "to do violence" Primarily a zoonotic disease. All warm-blooded animals are susceptible to this infection. Rabies is highly dangerous disease with characteristic long and variable

incubation period, a short period of illness, highly distressing symptoms and as a rule ending in death. It is the only communicable disease of man that is always fatal. Louis Pasteur was the first person to diagnose that rabies targeted the CNS. In 1890 he created the rabies vaccine and saved 9 year old Joseph Meister after he had been bit by a rabid dog. Rabies occurs in more than 150 countries and territories.

The present study was undertaken: (a) To determine the age and sex wise distribution of animal bite cases; and (b) To find out the distribution of victims on the basis of type of animal exposure and site of bite wounds.

Materials and Methods

Study Period: The present study was conducted

from 1st January 2010 to 31st December 2010.

Study Design: The present study is a Hospital based study.

Methodology: The present study was carried out by interview and examination of the animal bite patients (Interview of attendants if the bite victim is a very young children) attending the ARC, M. G. Hospital, Jodhpur.

Results

The study shows that maximum number of animal bite cases (1901; 44.75%) were in the adult males, followed by the male (< 15 years) children (1413; 33.26%) cases. The bite cases were least (444; 10.45%) in female (< 15 years) children.

Table-1: Sex wise Distribution of Animal Bite Cases

| Month | Male | Female | Male Child | Female Child | Total |
|--------------|-----------------|----------------|-----------------|----------------|-------|
| January | 173 | 46 | 125 | 35 | 379 |
| February | 174 | 47 | 129 | 53 | 403 |
| March | 187 | 40 | 121 | 31 | 379 |
| April | 147 | 39 | 118 | 38 | 342 |
| May | 173 | 42 | 147 | 47 | 409 |
| June | 139 | 42 | 124 | 44 | 349 |
| July | 166 | 41 | 131 | 31 | 369 |
| August | 148 | 41 | 103 | 37 | 329 |
| September | 107 | 32 | 92 | 30 | 261 |
| October | 129 | 24 | 96 | 24 | 273 |
| November | 164 | 32 | 107 | 37 | 340 |
| December | 194 | 64 | 120 | 37 | 415 |
| Total | 1901 (44.75) | 490 (11.53) | 1413 (33.26) | 444 (10.45) | 4248 |

(Percentage is given in parenthesis)

The study shows that in case of both the male and female children (less than 15 years age group) maximum number of animal bites (600; 42.46%) and 180 (41.66%) were on the trunk, whereas in case of adult males and adult females the most common site of the bite was lower limbs in 1050 (55.23%) and 270 (55.1%) cases, respectively. The study also shows that Category III bite (exposure) was more common in 3088 (72.69%) cases than the Category II bite cases, 1160 (27.30%). The maximum number of animal bite cases (415; 9.76%) has occurred in the month of December and the minimum number of cases (261; 6.14%) has occurred in September 2010. The study shows that maximum number (831; 19.56%) of animal bite cases have occurred in the 6 to 10 years age group children. As the age

advances the number of animal bite cases decreases, in the 45 to 50 years age group persons the figures are just 169 (3.97%). The study shows that the most common biting animal is dog (4062; 95.62%) followed by the cat (58; 1.36%) and the least common biting animal is Tiger (2; 0.04%).

Table-2: Distribution of Animal Bite Cases on the Basis of Site of Bite

| Site of Bite | Male | Female | Male Child | Female Child | Total |
|----------------|-----------------|----------------|-----------------|----------------|-----------------|
| Head & Neck | 20 (1.05) | 8 (1.63) | 400 (28.30) | 135 (30.45) | 563 (13.25) |
| Trunk | 163 (8.53) | 38 (7.75) | 600 (42.46) | 185 (41.66) | 986 (23.21) |
| Upper Limbs | 450 (23.57) | 108 (22.04) | 130 (9.2) | 27 (6.0) | 715 (16.83) |
| Lower Limbs | 1050 (55.23) | 270 (55.10) | 50 (3.5) | 23 (5.18) | 1393 (32.79) |
| Multiple Sites | 218 (11.46) | 66 (13.46) | 233 (16.48) | 74 (16.66) | 591 (13.91) |
| Total | 1901 (44.75) | 490 (11.53) | 1413 (33.26) | 444 (10.45) | 4248 (100) |

(Percentage is given in parenthesis)

Table-3 (b): Distribution of Animal Bite Cases Based on the Category of the Bite

| Month | Male | | Female | | Male Child | | Female Child | | Total |
|------------------|--------|---------|--------|---------|------------|---------|--------------|---------|-------|
| | Cat II | Cat III | Cat II | Cat III | Cat II | Cat III | Cat II | Cat III | |
| January | 23 | 150 | 10 | 36 | 21 | 104 | 8 | 27 | 379 |
| February | 66 | 108 | 13 | 34 | 32 | 97 | 13 | 40 | 403 |
| March | 62 | 125 | 10 | 30 | 31 | 90 | 7 | 24 | 379 |
| April | 52 | 95 | 9 | 30 | 42 | 76 | 9 | 29 | 342 |
| May | 65 | 108 | 8 | 34 | 48 | 99 | 9 | 38 | 409 |
| June | 45 | 94 | 11 | 31 | 34 | 90 | 8 | 36 | 349 |
| July | 60 | 106 | 12 | 29 | 67 | 64 | 4 | 27 | 369 |
| August | 43 | 105 | 7 | 34 | 22 | 81 | 7 | 30 | 329 |
| September | 36 | 71 | 8 | 24 | 25 | 67 | 5 | 25 | 261 |
| October | 31 | 98 | 4 | 20 | 22 | 74 | 4 | 20 | 273 |
| November | 44 | 120 | 6 | 26 | 20 | 87 | 6 | 31 | 340 |
| December | 46 | 148 | 12 | 52 | 23 | 97 | 10 | 27 | 415 |
| Total (N) | 573 | 1328 | 110 | 380 | 387 | 1026 | 90 | 354 | 4248 |
| Total (%) | 13.5 | 31.3 | 2.58 | 8.94 | 9.11 | 24.5 | 2.1 | 8.3 | 100 |

Table-3 (b): Distribution of Animal Bite Cases Based on the Category of the Bite

| Month | Category II | Category III | Total |
|--------------|--------------|--------------|-------------|
| January | 62 (16.35) | 317 (83.64) | 379 (8.92) |
| February | 124 (30.76) | 279 (69.23) | 403 (9.48) |
| March | 110 (29.02) | 269 (70.97) | 379 (8.92) |
| April | 112 (32.74) | 230 (67.25) | 342 (8.05) |
| May | 130 (31.78) | 279 (68.21) | 409 (9.62) |
| June | 98 (28.08) | 251 (71.91) | 349 (8.21) |
| July | 143 (38.75) | 226 (61.24) | 369 (8.68) |
| August | 79 (24.01) | 250 (75.98) | 329 (7.74) |
| September | 74 (28.35) | 187 (71.64) | 261 (6.14) |
| October | 61 (22.34) | 212 (77.65) | 273 (6.42) |
| November | 76 (22.35) | 264 (77.64) | 340 (8.00) |
| December | 91 (21.92) | 324 (78.07) | 415 (9.76) |
| Total | 1160 (27.30) | 3088 (72.69) | 4248 (100%) |

(Percentage is given in parenthesis)

Table-4: Age wise Distribution of Animal Bite Cases

| Month | 0-5 | 6-10 | 11-15 | 16-20 | 21-25 | 26-30 | 31-35 | 36-40 | 41-45 | 46-50 | >50 | Total |
|------------------|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-----|-------|
| January | 31 | 78 | 61 | 35 | 36 | 26 | 32 | 18 | 12 | 18 | 32 | 379 |
| February | 54 | 72 | 50 | 39 | 36 | 31 | 31 | 27 | 19 | 16 | 28 | 403 |
| March | 39 | 76 | 41 | 38 | 36 | 23 | 23 | 32 | 18 | 19 | 34 | 379 |
| April | 38 | 79 | 38 | 32 | 34 | 22 | 17 | 16 | 17 | 16 | 33 | 342 |
| May | 46 | 82 | 54 | 42 | 34 | 28 | 30 | 27 | 16 | 13 | 37 | 409 |
| June | 35 | 83 | 56 | 34 | 31 | 27 | 14 | 19 | 10 | 11 | 29 | 349 |
| July | 37 | 79 | 48 | 31 | 29 | 27 | 28 | 28 | 17 | 8 | 37 | 369 |
| August | 50 | 48 | 38 | 34 | 27 | 33 | 21 | 22 | 13 | 10 | 33 | 329 |
| September | 35 | 49 | 28 | 21 | 24 | 27 | 20 | 17 | 10 | 15 | 15 | 261 |
| October | 35 | 48 | 34 | 32 | 18 | 28 | 13 | 18 | 19 | 14 | 14 | 273 |
| November | 40 | 62 | 37 | 32 | 34 | 24 | 22 | 20 | 17 | 14 | 38 | 340 |
| December | 53 | 75 | 48 | 45 | 38 | 28 | 22 | 37 | 19 | 15 | 35 | 415 |
| Total (N) | 493 | 831 | 533 | 415 | 377 | 324 | 273 | 281 | 187 | 169 | 365 | 4248 |
| Total (%) | 11.6 | 19.6 | 12.5 | 9.8 | 8.9 | 7.6 | 6.4 | 6.6 | 4.4 | 4.0 | 8.6 | 100 |

Table-5: Distribution of Animal Bite Cases based on the Type of Biting Animal

| Month | Dog | Cat | Camel | Horse | Monkey | Pig | Tiger | Others | Total |
|--------------|--------------|-----------|-----------|----------|-----------|----------|----------|-----------|-------|
| January | 372 | 2 | 1 | 0 | | 0 | 0 | 4 | 379 |
| February | 386 | 5 | 2 | 0 | 3 | 1 | 0 | 6 | 403 |
| March | 357 | 9 | 3 | 2 | 1 | 0 | 0 | 7 | 379 |
| April | 333 | 2 | 0 | 0 | 2 | 0 | 0 | 5 | 342 |
| May | 392 | 4 | 2 | 0 | 1 | 0 | 0 | 10 | 409 |
| June | 335 | 4 | 0 | 1 | 2 | 0 | 0 | 7 | 349 |
| July | 347 | 8 | 1 | 0 | 2 | 0 | 0 | 11 | 369 |
| August | 305 | 3 | 4 | 2 | 2 | 0 | 0 | 13 | 329 |
| September | 250 | 3 | 3 | 0 | 2 | 1 | 0 | 2 | 261 |
| October | 262 | 5 | 4 | 0 | | 1 | 1 | 0 | 273 |
| November | 323 | 9 | 1 | 0 | 1 | 0 | 1 | 5 | 340 |
| December | 400 | 4 | 2 | 0 | 2 | 3 | 0 | 4 | 415 |
| Total | 4062 (95.62) | 58 (1.36) | 23 (0.54) | 5 (0.11) | 18 (0.42) | 6 (0.14) | 2 (0.04) | 74 (1.74) | 4248 |

(Percentage is given in parenthesis)

Discussion

The study shows that maximum number of animal bite cases 1901(44.75%) were in the adult males. This higher number of animal bite cases in males may be due to the more outdoor activity of males. Similar findings were observed by Dr. Indu D et al.^[7] they showed that 57.7% of the study subjects were males. In a study conducted by T. R. Behera, D. M. Sathapathy et al.^[8] the maximum number (69.9 %) of the cases were in males.

The study shows that in case of both the male and female children (less than 15 years age group) maximum number of animal bites 600 (42.46%) and 180 (41.66%) were on the trunk, whereas in case of adult males and adult females the most common site of the bite was lower limbs 1050 (55.23%) and 270 (55.1%) respectively. Similar findings were observed by Dr. Indu D et al.^[7], they observed that 50.1% of the bites were on lower limbs. Similar findings of higher incidence (66.7%) of animal bites in lower limbs were also observed by TR Behera, DM Sathapathy et al.^[8]

The study shows that Category III bite (exposure) was more common 3088 (72.69%) cases than the Category II bite cases, 1160 (27.30%). Similar findings were observed by Dr. Indu D et al.^[7], they observed that 57.1% of the cases were Category III bites. Similar observations were also observed by Khokhar et al.^[9]

The study shows that the most common biting animal is dog 4062 (95.62%) followed by the cat 58(1.36%). Similar findings were observed by Dr. Indu D et al.^[7], they observed that majority (74.1%) of the cases were bitten by the dogs and that was followed by the cat bites. A study by Renu Bedi et al.^[10] in Ajmer found that dog bites contributed to 90.7% of the animal bits. A similar finding of 84.5% was obtained by T. R. Behera, D. M. Sathapathy et al.^[8]

The study shows that maximum number 831(19.56%) of animal bite cases have occurred in the 6 to 10 years age group children. This may be due to their inability to protect themselves from animals. As the age advances the number of

animal bite cases decreases, in the 45 to 50 years age group persons the figures are just 169 (3.97%).

Conclusion

The study shows that adult males have higher incidence of animal bite than the adult females. This is due to the more outdoor activity of the males. The most common biting animal is dog and the most common site of bite is lower limbs in adults. The study also shows that Category III bites (exposure) were more common.

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